



Enough Is Enough

FR. JOSEPH JUKNIALIS

The radio program discussed whether Americans thought they were better or worse off today than one year ago. As you might expect, opinions were divided. Some believed we were better off—inflation had dropped 6 percentage points to about 3 percent, and while prices were higher, so were most wages. Others believed the opposite—many costs had risen, especially food, as well as big-ticket items like homes and cars. One of the panelists then suggested what she knew would be an unpopular opinion: while there were many still struggling to make ends meet and did not have enough, there were others who, because of the pandemic supplement, began to overspend and now could not maintain their lifestyle. Her opinion was that, for many, it was not an issue of having enough, but rather wanting too much and a lack of proper budgeting.

When Jesus fed the people gathered by the mountain, he provided not a feast but bread and fish, which was enough for them all. This is how God feeds us each day, with enough. We rise each morning sleepy, yet with enough energy to get us through the day. Our health may not be what it once was, but there is enough to keep us going. Our prayer may seem routine and lacking in heavenly inspiration, but somehow it seems to be enough for us to continue living with faith. God does feed us, not always with the abundance we may desire, but always with enough of what we need. ●

Reflect

***How does God feed you with what you need?
Is it enough?***



[The disciples] filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat.

JOHN 6:13



ST. MICHAEL'S PARISH

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Weekend Masses: Vigil: 5:00pm, Sunday: 10:15am

Baptisms: by appointment 3 weeks in advance

Weddings: by appointment 6 months in advance

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Mass Schedule & Intentions

We welcome our parishioners and visitors who have come to St. Michael's to worship this weekend. May you be blessed by your presence here today.

MINISTRIES...

JULY 27/28th - THE SEVENTEENTH SUNDAY IN ORDINARY TIME

5:00PM Lector: Karen Marsh EM: Kathy Anderson
10:15AM Lector: LaVerne Lau EM: Christine DaCosta
 Collection: Carlos DeFrias

AUGUST 3/4th - THE EIGHTEENTH SUNDAY IN ORDINARY TIME

5:00PM Lector: Alberta Canonneir EM: Karen Marsh
10:15AM Lector: Cherry Ramdas EM: Pat Robinson
 Collection: Karen Marsh

MASS INTENTIONS...

JULY 27/28th - THE SEVENTEENTH SUNDAY IN ORDINARY TIME

5:00PM Veronica & Herman Tucker ++
 Sr. Judith Marie + (Anniversary)
10:15AM Deolinda & Manuel Pacheco & Son, Victor Pacheco++

AUGUST 3/4th - THE EIGHTEENTH SUNDAY IN ORDINARY TIME

5:00PM Jacqui Barton +
10:15AM For St. Michael's Deceased Parishioners

You are welcome to attend Morning Masses at

St. Theresa's - 7:30^{AM} Mon.-Fri.

St. Anthony's - 8:00^{AM} Tues.-Fri. | St. Patrick's - 8:00^{AM} Mon.-Fri.

ST. THERESA'S 7:30am Masses are live streamed via the Diocesan Website and their Facebook Page



Stewardship

sharing the gifts we have been given

July 20/21st Collection: \$521.00.00

2nd Collection for Maintenance: \$806.00

Votives: \$12.00 Poor Box (SVdP): 5.00

THANK YOU EVERYONE WHO CONTRIBUTED

ELECTRONIC CONTRIBUTIONS CAN BE MADE ONLINE
 to St. Michael's Church's

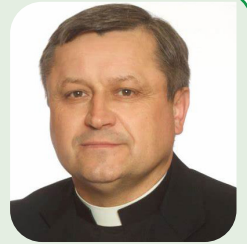
BNTB Account # 2000 6060 081824 100.

YOUR Weekly, monthly or quarterly transaction is appreciated.

When making your online transaction, be sure to include your name and "collection" as your memo on your banking transaction.

Thank you to those parishioners who continue to answer our call for stewardship to St. Michael's.

Bishop's Corner...



Dear Fellow-Catholics,

When I read this news, I thought that it perfectly fits the coming week in Bermuda.

The Vatican cricket team went to London for its tour to take on the England over 60s, St. Mary's University, and, in a highly anticipated match at Windsor Castle, the King Charles' squad. This was the tenth 'Light of Faith' tour of the Vatican cricket team since its formation in 2014. Previous destinations have included Portugal, Italy, Argentina, Kenya, Malta, Spain, and the UK. The aim of this year's trip was, as always, to promote dialogue and friendship between the Catholic Church and the host country. A post on the team's social media page spoke of "spreading the message of friendship, unity, and gospel hope."

The emphasis was also on the fact that the players, who are all seminarians and priests based in Rome, (this time all from India) were 'ambassadors' for Catholic priesthood. As the team's director, Fr. Eamonn O'Higgins, reminded the team at a meeting in Rome prior to departure, they may well be the only Catholic priests that many of those they interact with will ever meet.

The Vatican squad, officially St. Peter's Cricket Team, is part of Athletica Vaticana, an umbrella organisation bringing together all the Vatican's athletes. Earlier this year, Pope Francis thanked Athletica Vaticana for its commitment to "promoting fraternity, inclusion and solidarity", and for "bearing witness to the Christian faith among sportswomen and men". The Pope said, "In the particularly dark historical moment we are living, sport can build bridges, break down barriers, and foster peaceful relations."

Have a good Sunday and a relaxing Cup Match week!

Wes Jurewicz

Bishop Wes

The Vatican (St. Peter's) Cricket Team

10TH LIGHT OF FAITH TOUR (OF ENGLAND) JUNE 28 - JULY 5, 2024



- June 29 Vs England (Seniors) @ Wormsley Estate
- July 1 Vs St. Mary's University XI @ Arundel Castle
- July 3 Vs The Kings XI @ Windsor Castle
- July 4 Pilgrimage to Westminster Abbey



Sports and Faith in Action



COLLECT

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, One God, for ever and ever. Amen.

FIRST READING – 2 Kings 4:42–44

A man came from Baal-shalishah bringing to Elisha, the man of God, twenty barley loaves made from the firstfruits, and fresh grain in the ear. Elisha said, “Give it to the people to eat.” But his servant objected, “How can I set this before a hundred people?” Elisha insisted, “Give it to the people to eat. For thus says the Lord, ‘They shall eat and there shall be some left over.’” And when they had eaten, there was some left over, as the Lord had said.

RESPONSORIAL PSALM – Psalm 145:10–11, 15–18

R. The hand of the Lord feeds us; he answers all our needs.

Let all your works give you thanks, O Lord, and let your faithful ones bless you. Let them discourse of the glory of your kingdom and speak of your might. **R.**

The eyes of all look hopefully to you, and you give them their food in due season; you open your hand and satisfy the desire of every living thing. **R.**

The Lord is just in all his ways and holy in all his works. The Lord is near to all who call upon him, to all who call upon him in truth. **R.**

SECOND READING – Ephesians 4:1–6

Brothers and sisters: I, a prisoner for the Lord, urge you to live in a manner worthy of the call you have received, with all humility and gentleness, with patience, bearing with one another through love, striving to preserve the unity of the spirit through the bond of

peace: one body and one Spirit, as you were also called to the one hope of your call; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

GOSPEL ACCLAMATION

Alleluia, alleluia.

A great prophet has risen in our midst.
God has visited his people. *Lk 7:16*

Alleluia, alleluia.

GOSPEL – John 6:1–15

Jesus went across the Sea of Galilee. A large crowd followed him, because they saw the signs he was performing on the sick. Jesus went up on the mountain, and there he sat down with his disciples. The Jewish feast of Passover was near. When Jesus raised his eyes and saw that a large crowd was coming to him, he said to Philip, “Where can we buy enough food for them to eat?” He said this to test him, because he himself knew what he was going to do. Philip answered him, “Two hundred days’ wages worth of food would not be enough for each of them to have a little.” One of his disciples, Andrew, the brother of Simon Peter, said to him, “There is a boy here who has five barley loaves and two fish; but what good are these for so many?” Jesus said, “Have the people recline.” Now there was a great deal of grass in that place. So the men reclined, about five thousand in number. Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. When they had had their fill, he said to his disciples, “Gather the fragments left over, so that nothing will be wasted.” So they collected them, and filled twelve wicker baskets with fragments from the five barley loaves that had been more than they could eat. When the people saw the sign he had done, they said, “This is truly the Prophet, the one who is to come into the world.” Since Jesus knew that they were going to come and carry him off to make him king, he withdrew again to the mountain alone.

Dear Padre,

Is there really an unforgivable sin?

In the Gospels, Jesus teaches that blasphemy against the Spirit will not be forgiven (Matthew 12:31–32, Mark 3:28–29, Luke 12:10). This seems to imply the existence of a sin that God either cannot or will not forgive. Yet we have the overwhelming testimony of the Scriptures and Church teaching that God’s mercy and forgiveness are more powerful than any sin, no matter how serious or frequent it might be. This apparent contradiction disappears when we carefully consider the context of Jesus’ teaching on the “unforgivable sin.”

Jesus’ statements regarding blasphemy against the Holy Spirit occurred as part of his ongoing dispute with the scribes and Pharisees who witnessed Jesus’ exorcisms but attributed them to the power of Satan, thus denying the evidence of the Spirit’s saving action in Jesus’ work and teaching (Matthew 12:22–32). This denial is not simply a misunderstanding. Rather, it is willful, malicious, deliberate, and unrepentant. For such people, there can truly be no forgiveness, not because God is unwilling or unable to forgive, but because the people will not recognize their need for forgiveness.

The “unforgivable sin” is not an action so horrible that even God’s patience and mercy are exhausted. Rather, it is the attitude of people who reject the Lord’s presence in their lives. God’s offer of forgiveness is still universal. We need only respond to his grace and seek his forgiveness. ●

The Redemptorists / DearPadre.org



Our Parish News . . .

SUNDAY MASS CONTINUES AT 10.15am

- **EMMAUS BIBLE STUDY** We will restart on Tues., September 3.
- **ROOM NEEDED:** A Parishoiner, able to pay rent, is in need of a room to rent, (no kitchen required). If you know of any available accommodations please phone Fr. Joe at 705-0236 for details. Thanks and God bless.
- **The Eliza Dolittle Society (TEDs)** The Eliza Dolittle Society is open on Tuesdays, Wednesdays and Thursdays from 10:00am until 2:00pm and on Saturdays from 10:00am until 12:30pm, to receive donations.
 - The EDS is located at 64 Middle Road. It is the white building adjacent to PHC gas station, Warwick. Please check the Bulletin for items needed. SEE BULLETIN BOARDS FOR LIST OF FOODS REQUIRED

Around the Diocese . . .

- **ST. THERESA'S 12:10 MASS** will resume on Wednesday, Sept. 4th.
 - Please be advised that the 9:00am Mass at St. Theresa's on Saturdays will resume on Saturday, September 14.
- **ST. PATRICK'S:** The Rosary - each Wednesday morning at 10am. Adoration of the Blessed Sacrament and the Rosary - each Thursday evening at 7pm. Everyone is welcome.
 - Please be advised that there will be **NO** Wednesday evening Portuguese Mass at St. Patrick's during the Summer. This Mass will resume on the 2nd of October, 2024.
 - Fr. Vivien celebrates Mass in Tagalog at St. Patrick's the second Friday of the month at 7:00pm. All are welcome!
- **ST JOSEPH'S FILIPINO MASS** is celebrated by Fr. Dandy on the third (3rd) Saturday of each month at 11:00am.
- **STELLA MARIS FILIPINO MASS** - Join Fr. Dandy Traje, and our Filipino community on the last Wednesday of each month at 7:00pm .
- **ST. THERESA'S GIFT SHOP:** will be **CLOSED** for the week of 28th July (Cup Match) to 3rd August. **OPEN** on Saturdays ONLY - 10th, 17th, 24th, 31st August - 10:00 am to 2:00 pm (Zelia Lindo will be the volunteer). **Karen Scarth**, St. Theresa's administrator will be available for special requests. Please email sttheresas@northrock.bm or call 292 0607 ext. 2. **The Gift Shop reopens** Tuesday, 3rd September, and each Tuesday and Saturday from 10:00 am -2:00 pm.
- **LECTIO DIVINA:** Resumes in September.

Pastor's Point . . .



The theme of today's text is apparent in the refrain from the responsorial psalm, "The hand of the Lord feeds us; He answers all our needs."

In the reading from the Second Book of Kings, the prophet Elisha uses twenty barley loaves to feed a hundred people, despite the doubts of his servant. The prophet knows that it will be more than enough: "For thus says the Lord, 'They shall eat and there shall be some left over.'" Against this background, we read from John's Gospel of the miracle of the feeding of the five thousand with five barley loaves and two fish. This is one of the few miracles all four evangelists record in their respective Gospels.



The disciples Philip and Andrew, like Elisha's servant, are doubtful that the meagre amount will be enough. Elisha had twenty loaves; they only had five. Still, after everyone eats and is satisfied, twelve baskets are filled with the leftovers. The number 12 signifies the fullness of Israel: God has enough-more than enough-to satisfy the desires of all his people. The miraculous loaves also point beyond themselves to the true bread: Jesus, the bread from heaven, who feeds his people with His body. Think of the trillions upon trillions of hosts that has been distributed across planet earth from the Last Supper to today and beyond, trillions more hosts will be distributed until the coming of Jesus again.

Several numbers are prominent in the accounts of the miraculous meals (twenty, five, five thousand, twelve), but only the number one is noted in the Letter to the Ephesians. We read of: one body of Christ, one Spirit, one hope, one Lord, one faith, one baptism, one God. The oneness of the saints points to the Bread of Life: the Body of Christ is Jesus' flesh and blood, the bread and wine of the Eucharist, and the unity Christians who partake of the bread. The Ephesians have been called to "the riches of [God's] glory in his inheritance among the holy ones" (1:18), and the apostle Paul urges them to be worthy of that calling through bearing patiently with one another in love.

God bless, keep cool and well hydrated,

Fr. Joe, Pastor



A WORD FROM POPE FRANCIS

Every day...around seven thousand children under the age of five die due to malnutrition.... Jesus also addresses an invitation to us... "Be brave, give what little you have, your talents, your possessions, make them available to Jesus and to your brothers and sisters. Do not be afraid, nothing will be lost, because if you share, God will multiply."

ANGELUS, ROME, JULY 25, 2021

Our Sunday Readings

2 KINGS 4:42-44
PSALM 145:10-11, 15-18
EPHESIANS 4:1-6
JOHN 6:1-15

More Than Enough

2 KINGS 4:42-44

Reading closely

1. Why might the man bring Elisha these gifts?
2. Why do you think Elisha shares the food?
3. What might Elisha's servant think about all of this?
4. Why do you think Elisha is confident that there will be enough food for everyone?
5. How would you contrast the servant and Elisha?
6. Do you think the people know what has happened?

Living the word

7. How are you like the man from Baal-shalishah?
8. How are you like the servant?
9. How are you like Elisha?
10. How readily do you share what you have received?

THE FIRST READING

Elisha, man of God

Elisha became a prophet after Elijah was taken up to heaven (2 Kings 2:9-13). He worked wonders similar to his predecessor. For example, during a famine Elijah miraculously provided

bread for a widow, her son, and himself for a year when her food had almost run out (1 Kings 17:7f). In a similar way, Elisha uses a small amount of bread to feed a large group.

Thanking the true God

Elisha receives the food for reasons we aren't told and from a man who isn't named. We are told, however, that the man is from a town named after the Canaanite god, Baal. Baal was, among other things, the god of agriculture.

The man in this story, however, doesn't bring the first of his harvest to a temple dedicated to Baal. Instead, the man brings the first of his crops to a prophet of the LORD. The man seems to know that the god who should be thanked is the God of Israel.

Elijah, Elisha, and Jesus

In our Gospels Elijah is compared to John the Baptist and appears with Moses alongside Jesus. Although his successor is only mentioned once in the entire New Testament (Luke 4:27), Elisha was well-known to Jesus' fellow Jews. When they heard the Gospel passage we hear this Sunday, they would have immediately thought of Elisha.

JOHN 6:1-15

Reading closely

1. Why do you think Jesus leaves the area?
2. Why do you think Jesus goes up a mountain?
3. How does Jesus respond to the people?
4. Why do you think Jesus tests Philip?
5. What all might Philip be thinking?
6. How confident does Andrew sound when he mentions the food the boy has?
7. What might the boy say or do?
8. How do you think people react when they receive food?
9. What might the disciples think about all this?
10. What all do the people want from Jesus?
11. Why does Jesus leave?
12. What are similarities and differences between this story and the First Reading?

Living the word

13. For what do you hunger?
14. How do you fill yourself?
15. What are some differences between what you want from God and what God provides?

THE GOSPEL READING

Changing Gospels

Today we'll begin hearing from John 6. The context is the same as where we left off in Mark's Gospel, but John continues with a presentation of Jesus as the bread of life. The people who planned our cycle of readings chose these passages so that we could reflect on the Eucharist.

Pointing back

At the end of John 5 Jesus declares that Moses spoke about him. Moses received God's laws on Mount Sinai, instructed the people to gather the manna that God provided, and promised that God would send a prophet like him (Deuteronomy 18:15).

What God once revealed through Moses he now reveals in his own Son. The manna God sent from heaven now arrives in the flesh to feed people physically and spiritually. Moreover, Moses led God's people out of their enslavement in Egypt, but Jesus will liberate people from sin and death.

Giving thanks

In the customary Jewish fashion, Jesus gives thanks before distributing the food. His thanksgiving (in Greek, *eucharistia*) is the basis of our Eucharistic Prayer. While Jews continue to thank God for events like Passover, Christians thank God for the life, death, and resurrection of Jesus.

Losing nothing

Jesus tells his disciples to collect the food that's left. This food represents all that his Father has entrusted to him: Jesus won't waste even a fragment of what God has given him. The twelve baskets also represent the Twelve, the only disciples who remain with Jesus at the end of the chapter.

Not that kind of king

The people want a king who will ensure stability in their homeland. They want to grow their own food and live in safety. Jesus initially meets and even exceeds what they want from a leader. However, as Jesus explains in the rest of the chapter, he offers much more than physical sustenance.

PRAYER

from Jewish prayers for the sabbath meal

Blessed are you, O Lord our God, eternal King, who brings forth bread from the earth.

Blessed are you, O Lord our God, King of the universe, for you create the fruit of the earth.

Blessed are you, O Lord our God, King of the universe, by whose word all things came to be.

Blessed are you, O Lord our God, eternal king. You feed the whole world with your goodness, with grace,

with loving kindness and with tender mercy.

Through your great goodness food has never failed us.

For all this, O Lord our God, we thank you and bless you.

Blessed be your name by the mouth of all the living, continually and forever.

Blessed be God!