



## To Be or Not to Be...Spiritual

FR. JOSEPH JUKNIALIS

**J**ust as we may hear the voice of our mother echoing in our head long after she has passed away, in much the same way do we who gather week after week as people of faith begin to hear the words and wisdom of the Lord Jesus. It is how he shepherds us, and how we follow him—by hearing and then living his word.

There are some who say they are not religious, but they are spiritual. Ultimately, to be spiritual is to have a core set of values by which one lives. One's core values can take many shapes. For us, who call ourselves disciples of Jesus, to be spiritual is to take on the values and wisdom of Jesus—to allow his way to take root in the core of who we are. It means living by the wisdom of his word. Being spiritual includes *honesty, gentleness, patience, joy, civility, simple living, mercy, compassion, peace, reverence and awe, obedience, justice, courage, balance in life, humility, chastity, kindness, generosity, lightheartedness, care for the common good, prayerfulness, and respect for all of creation as holy.*

Spirituality is about absorbing the lifestyle of Jesus, about his word echoing in our lives, something that takes a lifetime. Religion, specifically our Catholic faith, is the practice of that spirituality in the company of others who are also trying to put those values into practice. Such practice, including weekly Mass and participation in the sacramental life of the Church, is necessary for the faithful followers of Jesus. ●

### Reflect

**Which qualities of a spiritual person do I have?  
What do I need to work on?**

[Jesus said,] “My sheep hear my voice; I know them, and they follow me.”

JOHN 10:27



# St. Theresa's Cathedral

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*Bishop Wes Spiewak, C.R., Diocese of Hamilton Bermuda*

Chancery & Cemetery Office: Tel: 2324417 orcc@northrock.bm

IN RESIDENCE: Rev. Dandy Traje, C.P., Rector Tel: 292-0607 Ext. 3

Mrs. Karen Scarth, Cathedral Administrator Tel: 292-0607 Ext. 2

Monday's – Friday's from 10:00am – 4:00pm

St. Vincent de Paul Society Parish Rep: Joanne Judd & Tommy Sinclair

St. Theresa's Gift Shop: 292-0416 Shop Hours: Tuesday's & Saturday's from 10:00am – 2:00pm

**Confessions:** By appointment only, at this time

**Baptisms:** By appointment – 5 weeks in advance

**Weddings:** By appointment – 1 year in advance. Pre-Marriage Course is required for all weddings here or overseas

**Website:** www.romancatholicbermuda.bm – Where you can find information about our Diocese.

**Facebook:** www.facebook.com/CatholicDioceseBermuda – Visit our page & "LIKE" us to join our on-line community.

**DATES TIMES INTENTIONS FOR**

Sat.	May 10th	6:30pm	All Mothers' Living and Deceased
Sun.	May 11th (Portuguese)	8:30am 10:00am  11:30am 6:0pm	All Mothers' Living and Deceased + Gabriel Rego Pontes & Margarida Cabral Pereira, José & Maria Andrade Tirano Jr., José Cunha, Manuel & Maria Amaral Barroso, José Augusto de Mota, Joe Cabral + Rodrigues, Maria Da Conceição Lopes Cabral Rodrigues + Mr. & Mrs. Manuel Arminda Garrafa & Victor Moniz In Thanksgiving to St. Anthony & St. Theresa of Lisieux & Good Health & Intentions of Maurice, Melishyia, & Maclearn Barreto
Mon	May 12th	7:30am	Elisabete Madeiros, Birthday wishes
Tues	May 13th	7:30am	In Honor of Our Lady of Fatima
Wed.	May 14th	7:30am 12:10pm	+ Fr. Michael Morris + Brian Ingham
Thurs.	May 15th	7:30am 12:10pm	+ Dennis Madeiros St. Theresa's Parish Family
Fri.	May 16th	7:30am 12:10pm	+ Rylan DeSilva, Birthday wishes + Mateo Penawin Jr.
Sat.	May 17th	6:30pm	+ Jeffrey Mark Medeiros & Intentions of Gabriella Medeiros, Birthday wishes
Sun.	May 18th (Portuguese)	8:30am 10:00am 11:30am 6:0pm	+ Albert & Doris Ramsay + Joe & Theresa DoCouto + Baby Ka'myon Pheonix Kerr + Marshall A. Yokell & Intentions of Mr. & Mrs. Norman Mello

## NEXT WEEK'S MINISTRY : May 17th & 18th, 2025

Time:	6:30pm	8:30am	11:30am	6:00pm
<b>Proclaimer:</b>	A. Donaghy	A. Farrell	I. Aleria E. Mosley	B. Mandocdoc K. Mosquito
<b>Communion Ministers:</b>	P. Whitecross S. Booth D. DeSilva C. Carreiro	B. D. Knights I. Brackstone C. Scarth O. Scarth	A. Tan M. Tan P. LeFevre	C. Sevilla A. Galea D. Robiso
<b>Song Leaders:</b>	G. Medeiros	M. S. Brackstone	K. Judd	J. Madio

**ST. THERESA'S GIFT SHOP:** The Gift Shop has just received a new shipment of cards, for all of your special occasions. Not to mention many other gifts or home ideas — all at a great price! *Do stop by and support our Gift Shop!*



## SUNDAY & SPECIAL OFFERINGS ONLINE BANKING & PARISH ENVELOPES:

Please make direct payments to St. Theresa's Cathedral at Bank of Butterfield A/C #2000 6060 4827 32100 Also, the parish encourages the use of **Sunday Offering Envelopes** to promote the concept of stewardship of treasure. *Thank you for your continued support!*

**ONLINE TRANSFER PAYMENTS:** Please be aware when coordinating any online transfers to our Butterfield Bank A/C #2000 6060 4827 32100, could you **please send an email** to the Rectory office to **advise** of the incoming funds and **how** they should be **allocated**. Unfortunately, even when senders include a memo on their end, the transfer details do not always appear on our end. *Thank you!*

## FILIPINO MASS SCHEDULE:

### St. Theresa's Cathedral

7PM 1st Friday of the month

### St. Patrick's Church

7PM 2nd Friday of the month

### St. Joseph's Church

11AM 3rd Saturday of the month

### Stella Maris Church

7PM Last Wednesday of the month

**ADORATION:** Saturday Adoration in the Chapel of St. Theresa's Cathedral: **9:00am** – Holy Mass in Portuguese followed by Exposition of the Blessed Sacrament & Adoration – **10:15am** - Benediction

**LECTIO DIVINA:** Mondays at 7:30pm via Zoom. Please contact Franz Wohlmuth on, [fgwohlmuth@logic.bm](mailto:fgwohlmuth@logic.bm) to join. Meetings are led by Bishop Wes.

## ST. VINCENT de PAUL SOCIETY:

Please consider a direct deposit or cash donation to the St. Vincent de Paul Society.

**Direct deposit** to SVDP Society –BNTB BDA #2000 6060 4767 11100 or USD # 8400 7847 30010

**or** use the **SVDP envelopes.**





**WEEKLY STEWARDSHIP THOUGHT :**

Paul and Barnabas encounter both violent rejection and joyful acceptance of the message that they preached. We, too, may meet with mixed reactions when we use our gifts in service of God. But, the Gospel assures us, the reward for those who follow faithfully is eternal life.

**Steward's Sharing of Treasure**

	Date	Actual
Collection:	May 3rd/4th	\$3899.00
Electronic offering:	May 3rd/4th	\$875.00
First Holy Communion mass	May 4th	\$648.00
Filipino Mass	May 2nd	\$582.00
2025 Collection To Date:	Week 18	\$113,204.50

*Thank you for your support!*



**ST. THERESA'S CHAPEL**

**May 11th-16th, 2025**

**Donation Given for Two 7—day Candles  
Happy Heavenly Birthday Diniz Pacheco**

**BAPTISMS:**



We welcome **Zaya Monae Thompson**, child of Christopher Thompson & Michelle Leopold, who will receive the Sacrament of Baptism this weekend on, **Sunday, May 11th, 2025.**

*Welcome to the Church Family, Zaya!*

**CELEBRATION OF OUR LADY OF FATIMA:**



**St. Patrick's Church in Smith's** will be holding a candlelight procession, with the recitation of the Rosary, on **Tuesday, May 13th at 7:30PM.**

**EASTER CEMETERY MASS:**



Our Annual Cemetery Mass, held at the **Holy Calvary Cemetery Chapel, in Devonshire**, will be held on **Saturday, May 31st at 11AM.** All the faithful are invited to attend this Mass offered for the deceased who are buried in our Catholic Cemeteries.

**FEAST DO SENHOR SANTO CRISTO DOS MILAGRES (Miracles):**



The Senhor Santo Cristo Festival will begin on **Saturday, May 31st at 7:45pm**, with a mass to celebrate the commencement of the feast and to move the statue out of the chapel. On **Sunday, June 1st**, the Festival continues with a solemn Mass in Portuguese commencing at **1:30pm**. A procession will immediately follow the Mass, followed by festivities in the MSA Courtyard, and a raffle draw at 8:00pm. Raffle tickets can be purchased via email at [santocristobermuda@gmail.com](mailto:santocristobermuda@gmail.com).

All are invited to attend this special event!

**THE BISHOP'S CORNER**



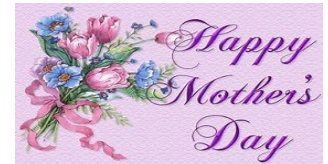
Dear Fellow-Catholics,

The second Sunday of May is Mother's Day. This is the day when I usually make a space for poetry. This year I have chosen the poem What "Mother" means by Karl Fuchs.

*"Mother" is such a simple word,  
But to me there's meaning seldom heard.  
For everything I am today,  
My mother's love showed me the way.  
I'll love my mother all my days,  
For enriching my life in so many ways.  
She set me straight and then set me free,  
And that's what the word "mother" means to me.*

Happy Mother's Day to all mothers living and spiritual.  
Have a beautiful weekend and a blessed week!

*Bishop Wes*



Please be advised that due to Bishop Wes' travels, there will be **NO** Portuguese Mass at **St. Patrick's on Wednesdays: May 14th, 21st and 28th**, nor at **St. Theresa's on Saturdays: May 17th and 24th.**

**AFTERNOON HERITAGE TEA PARTY:**

**St. Joseph's Church** in Somerset will be hosting an **Afternoon Heritage Tea** on **Sunday, May 18th, 2025, from 2– 5PM**, at the St. James Church Hall in Somerset – Tea, Entertainment, Raffles, Silent Auction: Ticket sales are now closed.



**CLASSICAL MUSIC CONCERT:**

**St. Joseph's Church** in Somerset will be hosting a **Classical Music Concert** on **Sunday, June 15th & 22nd, at 5PM.**



Tickets are \$25 for adults and \$10 for seniors, and children.  
Proceeds to be shared with PALS and St. Joseph's.

**FAMILY BINGO & PIZZA NIGHT:**



COME JOIN US. . . for fun for the whole family!!  
At **St. Michael's hall on Saturday, June 14th at 6:30pm.** Tickets Include (1) Bingo Card

Adults: \$20 Children: \$15 (10 & Under) . Door Prize and Great Raffles will be on sale for \$1.00 each. Wine, Beer, Sodas, etc. will be available. There will be a donation bucket .

For tickets email [stmichaelsbermuda@gmail.com](mailto:stmichaelsbermuda@gmail.com) or call Karen Marsh 799 0842



# Dear Padre,

***When is it OK to medicate for pain? If my relative is in hospice, should I permit the use of drugs that hasten his or her death?***

When someone we love is dying, we do not want him or her to be in pain. It is only natural to want to ease or end all suffering. The *Catechism of the Catholic Church* offers these guidelines: “The use of painkillers to alleviate the sufferings of the dying, even at the risk of shortening their days, can be morally in conformity with human dignity if death is not willed as either an end or a means, but only foreseen and tolerated as inevitable” (CCC 2279). In other words, it is permissible to medicate for pain, but you must not use narcotics as an end or means to hasten someone’s death—only to alleviate pain and minimize a person’s suffering. To give medication to cause death rather than merely to relieve pain is not allowed.

It is important to have a discussion about the types of treatment a person would want when they are dying. It is also important to have a discussion with your pastor or another priest or chaplain—someone who can help you discern whether the action, the intention, and the circumstances are consistent with Church teaching. Many times, one is forced to make very difficult decisions about medical care, and it is always good to have someone we trust who can help us make the best choice. ●



PEAKSTOCK / SHUTTERSTOCK

**Fr. Patrick Keyes, CSsR / DearPadre.org**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May 12	May 13	May 14	May 15	May 16	May 17	May 18
<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>St. Matthias, Apostle</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Fifth Sunday of Easter</i>
Acts 11:1–18 Jn 10:1–10	Acts 11:19–26 Jn 10:22–30	Acts 1:15–17, 20–26 Jn 15:9–17	Acts 13:13–25 Jn 13:16–20	Acts 13:26–33 Jn 14:1–6	Acts 13:44–52 Jn 14:7–14	Acts 14:21–27 Rv 21:1–5a Jn 13:31–33a, 34–35

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to send your question and to learn more about *Dear Padre*.



NANCY BAUER / SHUTTERSTOCK

## A WORD FROM POPE FRANCIS

***What do those who follow Christ do?... They go to seek those who are lost (cf. Lk 15:4), they take an interest in those who are far away, take to heart the situation of those who suffer, know how to weep with those who weep, they reach out their hands to their neighbors, carrying them on their shoulders.***

REGINA CAELI, ROME, MAY 8, 2022