



Are You Listening?

FR. THOMAS M. SANTA, CSSR

If today you hear his voice, harden not your hearts.” (See Psalm 95.) Our psalm prayer invites us to respond to the Word of God. A positive response should be assumed as ordinary: very few among us would deliberately ignore God’s voice. The challenge is not in responding “yes” to the invitation of the Lord but rather in “hearing” his voice.

There are so many voices that daily compete for attention. We seem to be bombarded every waking moment with some kind of noise that demands attention and action. At one time, Neil Diamond might have been able to celebrate the “Beautiful Noise” of the city, but it is far more difficult for us today. Frankly, the noise around us is deafening, and most people long for true silence, a break in the pattern, a vacation from the frantic anxiety that seems to be present.

A wonderful Lenten practice—indeed, a spiritual practice that goes well beyond Lent—is to freely choose to disconnect from distraction. Resist the temptation to plug in the earbuds. Refrain from the distraction of social media content. Leave your cell phone in the living room, go sit in the backyard, and pay attention to nothing. “Be still and know that I am God” (Psalm 46:11), the psalmist reminds us. Listen for God’s voice, hear his call, and respond to the invitation. ●



LEARN ABOUT
THE AUTHORS
OF OUR PARISH
COMMUNITY

The love of God has been
poured out into our hearts
through the Holy Spirit that has
been given to us.

ROMANS 5:5

Reflect

*Do I need more silence?
Do I find silence difficult?*



St. Theresa's Cathedral

P.O. Box HM 1191, Hamilton HM EX, Bermuda
Tel. 441-292-0607
Email: sttheresas@northrock.bm

Bishop Wes Spiewak, C.R., Diocese of Hamilton in Bermuda
Chancery & Cemetery Office: Tel:232-4414 orcc.bermuda@gmail.com

IN RESIDENCE: Rev. Dandy Traje, C.P., Rector Tel: 292-0607 Ext. 3
Mrs. Karen Scarth, Cathedral Administrator Tel: 292-0607 Ext. 2
Monday – Friday from 10:00am – 4:00pm

St. Theresa's Catechetical (CCD) Leader: Maria Pacheco sttheresasccd@gmail.com

St. Vincent de Paul Society Parish Rep: Joanne Judd & Tommy Sinclair

St. Theresa's Gift Shop: 292-0416 Shop Hours: Tuesday's & Saturday's from 10am – 2pm

Confessions: By appointment only, at this time

Baptisms: By appointment – 5 weeks in advance

Weddings: By appointment – 1 year in advance. Pre-Marriage Course is required for all weddings here or overseas

Website: www.romancatholicbermuda.bm – Where you can find information about our Diocese.

DATES	TIMES	INTENTIONS
Sat. March 7th	6:30pm	+ Jeffrey Mark Medeiros, Birthday in Heaven
Sun. March 8th (Portuguese)	8:30am	Helen DeSousa, Healing Prayers
	10:00am	+ Jose Cunha, Jaime Rodrigues, Natalia Pacheco, + Laudalina Amaral, Manuel e Maria dos Anjos Aguiar + Natalia Pacheco & Joe e Theresa DoCouto
	11:30am	+ Magaly Alvarado, Yolando Muñoz, & + Juana Paula Muñoz
	6:00pm	St. Theresa's Parish Family
Mon. March 9th	7:30am 12:10pm	Aleyna Buyukaksakal, Birthday Wishes
Tues. March 10th	7:30am 12:10pm	+ Antonio Jose Gaspar
Wed. March 11th	7:30am 12:10pm	
Thurs. March 12th	7:30am 12:10pm	
Fri. March 13th	7:30am 12:10pm	+ Dr. Barbara Ball + Deceased members of the Donaghy, Ramcharan, + O'Shea, & Mullin Families
Sat. March 14th	6:30pm	+ Maria Orcelina De Lima
Sun. March 15th (Portuguese)	8:30am	St. Theresa's Parish Family
	10:00am	
	11:30am 6:00pm	+ Mr. & Mrs. Manuel Arminda Garrafa & Victor Moniz Couples for Christ & Family Ministries, In Thanksgiving

NEXT WEEK'S MINISTRY : March 14th & 15th, 2026

Time:	6:30pm	8:30am	11:30am	6:00pm
Proclaimer:	J. Judd	T. Sinclair	V. Turner A. Aguila	K. Mosquito
Communion Ministers:	C. Johnson S. Booth D. DeSilva C. Carreiro	O. Scarth C. Scarth H. Cabral E. Cabral	C. Kieck G. Edwards A. Cannonier	M. Billones C. Sevilla D. Robiso
Song Leaders:	D. Mutch	J. Pearman	M. Gravito	F. Nery C. Placedes



ONLINE ACCOUNTS:

St. Theresa's Cathedral – BNTB #2000
6060 4827 32100,

SVDP – BNTB BDA #2000 6060 4767
11100

Or BNTB USD # 8400 7847 30010

Thank you for your continued support!

FILIPINO MASS SCHEDULE:

St. Theresa's Cathedral

7pm 1st Friday of the month

St. Anthony's Church

11am 1st Saturday of the month

St. Patrick's Church

7pm 2nd Friday of the month

St. Joseph's Church

11am 3rd Saturday of the month

Stella Maris Church

7pm Last Wednesday of the month



PASSIONIST HOUR:

Come and join Fr. Dandy and the Passionist congregation, on the **last Friday of the month at 6pm**, here at St. Theresa's Cathedral.

Spend some time to get to know them, and their spirituality.

They look forward to seeing you!



ADORATION: Saturday Adoration in the Chapel of St. Theresa's Cathedral: **9:00am** – Holy Mass in Portuguese followed by Exposition of the Blessed Sacrament & Adoration – **10:15am** - Benediction

LECTIO DIVINA: Mondays at 7:30pm via Zoom. Please contact Franz Wohlmut on, fgwohlmuth@logic.bm to join. Meetings are led by Bishop Wes.

PARISH COUNCIL COFFEE SOCIAL:

Our next social will be **this Sunday, March 8th**, after the 11:30am Mass, in the Church Hall, for Coffee and Baked Goods. *We look forward to seeing you!*



FOCUS: We are invited to bring our thirst to God.

In the sacred season of Lent, we are invited to acknowledge our thirst and our need for God. Let us not mask it or hide it with distractions or goods which cannot ultimately satisfy. We are invited instead to bring our thirst to God and, like the Samaritan woman, simply ask: Lord, give me this water, the water which will make us never thirst again.

Steward's Sharing of Treasure

	Date	Actual
Collection:	Feb. 28th & Mar. 1st	\$4,131.00
Electronic offering:	Feb. 28th & Mar. 1st	\$2,699.52
2026 Collection to Date:	Week 10	\$49,707.52

Thank you for your support!



ST. THERESA'S CHAPEL

March 8th—14th, 2026

Donation Given for Two 7 day Candles
And Two Roses

In Loving Memory of Abigail MaryAna Scarth

12:10 MASS & STATIONS OF THE CROSS:

Please be advised that during the season of Lent, the **12:10pm Mass** at St. Theresa's will be celebrated from **Monday to Friday**.

The **Stations of the Cross** will be held at the Cathedral for **Fridays** during Lent at **11:40am & 6pm (English)** and **Sundays 4pm (Portuguese)**.



DIOCESAN LENTEN RECONCILIATION SERVICES:

Wednesday, March 11th, 2026, 4:00pm to 6:00pm at St. Patrick's Church

Thursday, March 12th, 2026, 6:00pm to 8:00pm at St. Theresa's Cathedral

Domingo, Março 15th, 2026, 15h30 - 17h30, Catedral de Santa Teresa



DIOCESAN LENTEN ALMSGIVING –

Special Collection

There will be a special collection for The Family Centre on the weekend of **March 21st & 22nd**, as part of our Diocesan Lenten Almsgiving.

Please see the Bishop's Corner for more details.

Envelopes will be available for this collection, but if you wish to donate online you may do so to our diocesan account with Butterfield Bank; Account Name: ORCC Special Account, Account Number: 20006060021098100, include "FAMILY CENTRE" in the memo line.



IMPORTANT NOTICE:

Please be advised that on the **4th Sunday of Lent, March 15th**, there will be a special Lenten Retreat Day for our Portuguese community.

We will host Fr. Vando Marques Gomes who is the Parish Priest of St. Helen's Parish in "Little Portugal" in Toronto. Fr. Vando will preside the 10am Mass and then will be available for confessions from 3:30pm to 5:30pm at St. Theresa's.



THE BISHOP'S CORNER

Dear Fellow-Catholics,

A year ago, I proposed the idea of having a "Diocesan Lenten Almsgiving," and I was grateful to see that this initiative was met with both understanding and generous support from you. It was decided that the donations collected on that occasion (approximately \$5,000) would be sent to Bangladesh to support Fr. Jacob in completing the construction of a church in Dhaka. The work in Dhaka progressed well, and Fr. Jacob was relieved of the responsibilities of overseeing the building project. He came in September 2025 to minister in our Diocese.

This year, after consultation, it has been decided that we will show our support for our own Family Centre in Bermuda, "Where Children Come First." The Family Centre is an accredited nonprofit organization dedicated to improving the lives of families in Bermuda. They provide innovative, free-of-charge mental health counselling services for children, teens, and their families, as well as community outreach programs and advocacy initiatives. The Family Centre is committed to ensuring access to support without barriers. Their holistic, therapeutic approach to care fosters healing, wellness, and empowerment.

<https://tfc.bm>

On the weekend of the 21st/22nd of March, there will be a Special Collection in our churches as part of our Diocesan Lenten Almsgiving for the Family Centre in Bermuda. You may also donate online to our diocesan account with Butterfield Bank:

Account Name: ORCC Special Account

Account Number: 20006060021098100

Please include "FAMILY CENTRE" in the memo line.

Thank you for your generosity. Have a restful weekend and a blessed third week of Lent!

Bishop Wes



TO ALL OUR LECTORS (new and existing):

We invite you to attend, here at St. Theresa's Cathedral, the orientation/refresher/workshop scheduled on the following date and time:

Lectors: Wednesday, March 11th at 6:30pm

Liturgical Commissioning (EMs & Lectors): Sunday, March 22nd at 11:30 am mass

Kindly ensure that your contact information is updated should there be any changes, and please indicate the Mass time at which you wish to serve in the schedule."



ST. THERESA'S GIFT SHOP:

Can you help volunteer?

Our Gift Shop needs at least one volunteer that can assist for 2 hours per week on Saturday's from 12-2PM, or as a fill-in for any absences.

If you can assist, please contact the Gift Shop at 292-0416 or drop by in person. *Many thanks in advance!!!*



ST. THERESA'S GIFT SHOP:

The Giftshop now has just received a new shipment of Easter cards, now available for purchase.

As well as many other gifts or home ideas - all at a great price!

Do stop by and support our Gift Shop!



Dear Padre,

When I was young, my parish covered all the statues during part of Lent. What did it mean exactly? Do any churches still do this?

In 2001, the US Conference of Catholic Bishops approved the practice of veiling statues and crosses during the last two weeks of the season of Lent, beginning on the fifth Sunday of Lent. This practice is optional, at the discretion of the local pastor. According to the Roman Missal, “Crosses remain covered until the end of the celebration of the Lord’s Passion on Good Friday, but images remain covered until the beginning of the Easter Vigil.”

Covering crosses and statues in violet cloth in the final weeks of Lent indicates a shift in the Church’s focus from Jesus in the desert (gospel for the first Sunday of Lent) to Christ during his Passion. Similar to other Lenten disciplines of penance and fasting that align us in solidarity with Christ, the veiling custom is meant to deepen our appreciation for Christ’s ultimate sacrifice. It represents our “fasting” from sacred depictions of the cross on which hung our salvation and from images of the saints, who glorify Christ and in whom he is glorified. This concealment creates an absence to make our hearts grow fonder for the Lord, who “bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed” (1 Peter 2:24). ●



CATHOPIC

Fr. Byron J. Miller, CSsR / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MARCH 9	MARCH 10	MARCH 11	MARCH 12	MARCH 13	MARCH 14	MARCH 15
<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Lenten Weekday</i>	<i>Fourth Sunday of Lent</i>
2 Kgs 5:1–15ab Lk 4:24–30	Dn 3:25, 34–43 Mt 18:21–35	Dt 4:1, 5–9 Mt 5:17–19	Jer 7:23–28 Lk 11:14–23	Hos 14:2–10 Mk 12:28–34	Hos 6:1–6 Lk 18:9–14	1 Sm 16:1b, 6–7, 10–13a Eph 5:8–14 Jn 9:1–41 or 9:1, 6–9, 13–17, 34–38

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.



A WORD FROM POPE LEO XIV

We feel a deep and burning thirst that no drink in this world can satisfy. Knowing this, let us not deceive our hearts by trying to satisfy them with cheap imitations!... Let us turn this thirst into a step stool, like children who stand on tiptoe, in order to peer through the window of encounter with God.

HOMILY, ROME, AUGUST 3, 2025