



Enough?

ANN M. GARRIDO

When I was a child, my parents taught me to pray with my hands pressed together, fingers pointed upward toward God. But somewhere along the way, I learned a different posture for prayer: seated, with my palms facing upward on my lap. It's a gesture of openness—an acknowledgment that I come before God in humble need, ready to receive whatever he wants to give.

In today's gospel, Philip approaches Jesus in a similar stance of openness. "Show us the Father," he says, "and that will be enough for us" (John 14:8). Jesus responds that Philip has already seen the Father because Jesus' words and actions are the Father's words and actions. Philip needs no more—he has already received "enough."

Sometimes, I need this reminder myself. I long for a new insight into God that perhaps one more book or one more lecture will give me. Don't get me wrong: lifelong learning is a wonderful thing, and there is always more of God to discover! But it is important to acknowledge that, like Philip, I have already come to know the Father through Jesus, and everything I need to live the Christian life is already in place. Rather than more knowledge, it is a question of putting into action what I've been taught.

Of late, when I pray, I have embraced a new prayer posture: turning my hands downward, resting my palms on my knees. It helps me remember that with Jesus as my shepherd, I "shall not want." I already have all I need. ●



LEARN ABOUT
THE AUTHORS
OF OUR PARISH
COMMUNITY

Reflect

What does "enough" mean to me?

[Jesus said to Philip,
"Whoever has seen me
has seen the Father."

JOHN 14:9



St. Theresa's Cathedral

P.O. Box HM 1191, Hamilton HM EX, Bermuda
 Tel. 441-292-0607
 Email: sttheresas@northrock.bm

Bishop Wes Spiewak, C.R., Diocese of Hamilton in Bermuda
 Chancery & Cemetery Office: Tel: 232-4414 orcc.bermuda@gmail.com

IN RESIDENCE: Rev. Dandy Traje, C.P., Rector Tel: 292-0607 Ext. 3
 Mrs. Karen Scarth, Cathedral Administrator Tel: 292-0607 Ext. 2
 Monday – Friday from 10:00am – 4:00pm

St. Theresa's Catechetical (CCD) Leader: Maria Pacheco sttheresasccd@gmail.com

St. Vincent de Paul Society Parish Rep: Joanne Judd & Tommy Sinclair

St. Theresa's Gift Shop: 292-0416 Shop Hours: Tuesday's & Saturday's from 10am – 2pm



IF YOU LOVE ME,
 OBEY MY COMMANDMENTS.

JOHN 14:15

DATES	TIMES	INTENTIONS
Sat. May 2nd	6:30pm	Special Intention of Claudia Joyce
Sun. May 3rd (Portuguese)	8:30am 10:00am 11:30am 6:00pm	+ Kirby Brackstone Special Intention of Natalie Yokell, Mr. & Mrs. Jose Garrafa + Marshall Yokell, Mr. & Mrs. Gabriel Garrafa, + Mr. & Mrs. Manuel Cardoso, Souls in Purgatory + Kevin Ledo, Rogerio & Manuel Santos Bolarinho, + Carlos Almeida, Jose & Amelia Andrade Almeida + Humberto Santos, Antonio Vincent Andrade, + Diamantina Frias Feitor, Margarida Andrade Canto Special Intention of Mrs. Florenz Maxwell St. Theresa's Parish Family
Mon. May 4th	7:30am	
Tues. May 5th	7:30am	Special Intentions of Georgina Lewnowski
Wed. May 6th	7:30am 12:10pm	
Thurs. May 7th	7:30am 12:10pm	
Fri. May 8th	7:30am 12:10pm	+ Paul Scaife, Aurelia Leite, Ermelinda Serodeo, + Fr. Julio Blazejewski, C.R., Souls in Purgatory
Sat. May 9th	6:30pm	All Mother's, Living and Deceased
Sun. May 10th (Portuguese)	8:30am 10:00am 11:30am 6:00pm	All Mother's, Living and Deceased + Alda Carreiro + Manuel & Arminda Garrafa, Victor Moniz St. Theresa's Parish Family

NEXT WEEK'S MINISTRY : May 9th & 10th, 2026

Time:	6:30pm	8:30am	11:30am	6:00pm
Proclaimer:	A. Donaghy	B.D. Knights M. Wambeke	M. T. Ayensa V. Turner	M. Bergonio J. Placedes
Communion Ministers:	D. DeSilva J. Judd A. Machado S. Booth	H. Cabral E. Cabral C. Scarth T. Sinclair	E. Mosley J. Alcantara H. Velasco	D. Robiso J. Sevilla C. Sevilla
Song Leaders:	B. Barreto-Hogan	M. S. Brackstone	M. B. Tan	L. Consolacion J. Madio

ST. THERESA'S GIFT SHOP:

The Gift Shop has First Holy Communion and Confirmation cards for sale for only \$2 each, not to mention other gift ideas! *Do stop by and support our Gift Shop!*



ONLINE ACCOUNTS:

St. Theresa's Cathedral

BNTB BDA #2000 6060 4827 32100

SVDP

BNTB BDA #2000 6060 4767 11100

BNTB USD # 8400 7847 30010

FILIPINO MASS SCHEDULE:

St. Theresa's Cathedral

7pm 1st Friday of the month

St. Anthony's Church

11am 1st Saturday of the month

St. Patrick's Church

7pm 2nd Friday of the month

St. Joseph's Church

11am 3rd Saturday of the month

Stella Maris Church

7pm Last Wednesday of the month



FEAST OF SENHOR SANTO CRISTO

DOS MILAGRES :

The Senhor Santo Cristo Festival will begin on **Saturday, May 16th at 7:45pm**, with a mass to celebrate the commencement of the feast and to move the statue out of the Alcove.



On **Sunday, May 17th**, the Festival continues with a solemn Mass in Portuguese **commencing at 1:30pm**.

A procession will immediately follow the Mass, followed by festivities in the MSA Courtyard, and a raffle draw at 8:00pm.

Raffle tickets can be purchased via email at:

santocristobermuda@gmail.com.

All are invited to attend this special

CATHEDRAL HOURS:

Monday-Friday 7am-4:30pm

Saturday 8:30am-7:30pm

Sunday 8am-7pm



FOCUS: God has made us a chosen race and a royal priesthood. In him we find our deepest identity.

The second reading from the First Letter of Peter provides a beautiful and yet challenging description of who we are as Christians. We are, by virtue of baptism, a chosen race, a royal priesthood, and a people set apart to give praise to God. Taken together, these statements remind us what a grace and privilege it is to be chosen, but they also reassure us of how God sees us and how we ought to see ourselves and others. Everything we do must reflect this holy and royal status.

Steward's Sharing of Treasure

	Date	Actual
Collection:	April 25th & 26th	\$5,395.00
Electronic Offering:	April 25th & 26th	\$1,950.00
2026 Collection to Date: Week 17		\$108,264.04

Thank you for your support!



ST. THERESA'S CHAPEL

May 3rd-9th, 2026

**Donation given for Two 7 Day Candles
In loving memory of Maria De Jesus Pacheco**



BAPTISMS:

We welcome **Liam Alexander McLaughlin**, child of Riley & Nicole McLaughlin, who will receive the Sacrament of Baptism, this **Sunday, May 3rd, 2026.**

Welcome to the Church Family Liam!



FUNERALS:

We offer our deepest sympathy to the family of the late **Silvino Furtado** whose funeral was held at the Cathedral on **Tuesday, April 28th, 2026.**

May he rest in peace with the angels!

ITALIAN DINNER BINGO:

St. Theresa's Parish Council will host an **Italian Dinner Bingo on Saturday, May 9th at 7:30pm** in the Cathedral Hall.

Tickets will be \$30 for adults, and \$15 for children, and can be purchased from any of the PC members or Fr. Dandy. Bingo cards are \$5 each and Raffle tickets are \$1 each. Raffle prize donations are welcomed.

Come all and enjoy a fun and enjoyable evening!



ATTENTION:

There will be **no Portuguese Mass at 9am at St. Theresa's on Saturdays**, and at **7pm in St. Patrick's on Wednesdays**, from April 24th to May 12th.



CELEBRATION OF OUR LADY OF FATIMA:

St. Patrick's Church in Smith's will be holding a mass and candlelight procession, with the recitation of the Rosary, on **Tuesday, May 13th at 7:30PM.**

All are welcome to attend!



THE BISHOP'S CORNER



Dear Fellow-Catholics,

Pope Leo XIV ordained a group of ten priests as the Church celebrated the World Day of Prayer for Vocations. I must say, I love the homily that he directed to the ordinands.

The Pope described priesthood as a "ministry of communion." He stressed that a close relationship with Christ does not distance priests from others but deepens their connection to all people. "The deeper your bond with Christ, the more radical your belonging to humanity," he noted.

He went on to highlight that the communities to which priests are sent are not empty or passive but already marked by the presence of the Risen Christ. "These communities will also help you to become saints," he observed and encouraged the ordinands to foster unity, helping people come together and creating spaces where individuals can experience the value of community life.

A central theme of the homily was Jesus' image of himself as the "gate". The Pope warned against placing obstacles in the way of those who seek to approach the faith. "Do not block this gate," he said, urging priests to ensure that the Church remains accessible.

The Pontiff then insisted that priests should not act as gatekeepers who restrict access, but as "channels, not filters". In a context where many people feel distant from the Church, he encouraged them to keep doors open and to be ready both to welcome and to go out. "You belong to everyone and are for everyone," he said. He also emphasized that the Church should not confine people but help them engage more fully with life. Bringing his homily to a close, the Pope encouraged the new priests to engage with the wider world, including culture and everyday life.

He acknowledged that they may at times feel uncertain but reminded them that the Good Shepherd guides the way.

May your weekend be restful and your week blessed!

Bishop Wes

SUMMER LUNCH/MOVIE:

Bishop Wes and Fr. Dandy are planning to have a **Summer Lunch & Movie in the St. Theresa's Hall.** The event will take place on **Thursdays in July and August**, starting with July 2nd and ending on August 27th.

This event will include lunch (soup + sandwiches/bread, + ice-cream + coffee/tea) at 12:00pm, with the movie starting at 12:30pm.

We are looking for volunteers to assist with organization of the lunch. If you want to commit for the entire program time, or just for a part of it, please send an email to sttheresas@northrock.bm or orcc.bermuda@gmail.com.



PARISH COUNCIL COFFEE SOCIAL:

There will **no coffee social on May 10th**, as it is Mother's Day.

The next coffee social is planned for Sunday, June 14th.



Dear Padre,

I have one daughter and a grandchild who say they are bisexual and very much into the LGBTQ lifestyle, where they feel like they belong. I do not know how to handle all of this. They left the Catholic faith years ago. I do not believe they are atheists. Please help.

You are not alone in your struggle to know how to “handle all of this.” It’s hard for parents when their children choose a different lifestyle.

Try not to confuse gender expression with faith. Try not to confuse sexual orientation with faith. Just because a person is attracted to someone of the same sex does not mean they are not a person of faith. They may believe in God and even worship God in their own way. It sounds like your daughter and grandchild are honest with you. If they are willing, perhaps talking with them about how they experience God in their lives would be a fruitful conversation.

Whatever you do, the best practice is to love. Love your daughter and grandchild. When they express to you what they believe to be true about themselves, they are not asking for your permission. They are entrusting you with what they believe they have learned about themselves. Perhaps that very openness with you is a lesson that you taught them and a sign that they want to share with you what is important to them. ●

Fr. Thomas M. Santa, CSsR / DearPadre.org



ANGYALOSI BEATA / SHUTTERSTOCK

A WORD FROM POPE LEO XIV

We live in a time that rewards self-sufficiency, efficiency, performance. And yet, the gospel shows us that the measure of our humanity is not given by what we can achieve, but by our ability to let ourselves be loved and, when necessary, even helped. Jesus saves us by showing us that asking is not unworthy, but liberating.

GENERAL AUDIENCE, ROME,
SEPTEMBER 3, 2025



SHUTTERSTOCK

Do you have a question for the Padre?

Go to [DearPadre.org](https://dearpadre.org) to send your question and to learn more about *Dear Padre*.

Monday

May 4

Easter Weekday

Acts 14:5–18

Jn 14:21–26

Thursday

May 7

Easter Weekday

Acts 15:7–21

Jn 15:9–11

Saturday

May 9

Easter Weekday

Acts 16:1–10

Jn 15:18–21

Tuesday

May 5

Easter Weekday

Acts 14:19–28

Jn 14:27–31a

Friday

May 8

Easter Weekday

Acts 15:22–31

Jn 15:12–17

Sunday

May 10

Sixth Sunday of
Easter

Acts 8:5–8, 14–17

1 Pt 3:15–18

Jn 14:15–21

Wednesday

May 6

Easter Weekday

Acts 15:1–6

Jn 15:1–8