

[Jesus said,] “Do not be afraid....
Nothing is concealed that will
not be revealed, nor secret that
will not be known.”

MATTHEW 10:26

The Freedom of Letting Go of Secrets

FR. THOMAS M. SANTA, CSSR

Secrets. The disabling fear of discovery. Trying so hard to conceal something that we do not want others to know. Often, we guard secrets closely because we believe we will be embarrassed, punished, or excluded if our secrets are made known.

Sometimes, we hold tightly to secrets because we are ashamed. We keep other secrets because of the dynamics of family life: “We do not share our family business with anyone.” All secrets can be difficult to keep—some more than others. Perhaps the most difficult secret to hold is one that we fear defines our personal integrity and authenticity. It is the fear not only of discovery but also of perception: How will I be perceived if this is made known? Will I still be accepted? Or, even more painful: Will I be rejected, and how complete will the rejection be?

The “good news” of the gospel is that “nothing is concealed that will not be revealed” (Matthew 10:26). In other words, there is nothing that can remain tucked away forever. Everything is revealed in one way or another. Gospel grace and freedom result when a person chooses to freely release whatever it is that burdens them, including closely held secrets. It is the ultimate experience of dying to self to claim eternal life. ●



LEARN ABOUT
THE AUTHORS
OF OUR PARISH
COMMUNITY

Reflect

What am I afraid to reveal to others? Can I try telling God?



St. Theresa's Cathedral

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St. Vincent de Paul Society Parish Rep: Joanne Judd & Tommy Sinclair

St. Theresa's Gift Shop: 292-0416 Shop Hours: Tuesday's & Saturday's from 10am – 2pm

Confessions: By appointment only, at this time
Baptisms: By appointment – 5 weeks in advance
Weddings: By appointment – 1 year in advance. Pre-Marriage Course is required for all weddings here or overseas
Website: www.romancatholicbermuda.bm – Where you can find information about our Diocese.
Facebook: www.facebook.com/CatholicDioceseBermuda – Visit our page & "LIKE" us to join our on-line community.



ONLINE ACCOUNTS:

St. Theresa's Cathedral

BNTB BDA #2000 6060 4827 32100

SVDP


BNTB BDA #2000 6060 4767 11100

BNTB USD # 8400 7847 30010

DATES	TIMES	INTENTIONS
Sat. June 20th	6:30pm	All Fathers Living and Deceased
Sun. June 21st (Portuguese)	8:30am	All Fathers Living and Deceased
	10:00am	+ Manuel Medeiros, Maria de Jesus Andrade + Evangelina Medeiros, Jose Medeiros + Honorina Frias, Vergilio Mendonca, Luis Pimentel + Maria Jose Mendonca, Manuel Vieira, Evelina Leite + Frederick George Eatherly, Marcelino Aguiar + Miguel Franco, Joao Carlos Frias, Humberto Santos + Rogerio Santos Bolarinho, Carlos De Almeida, & Intencao Especial
	11:30am 6:00pm	St. Theresa's Parish Family
Mon. June 22nd	7:30am	+ Tony Bari
Tues. June 23rd	7:30am	Healing Intentions for Don & Kathy Johann
Wed. June 24th	7:30am 12:10pm	Special Intention of Annae DeSilva-Minks
Thurs. June 25th	7:30am 12:10pm	Fr. Vladimir Sobolewski, CR, 50th Anniversary **NO 12:10pm MASS— MSA Graduation**
Fri. June 26th	7:30am 12:10pm	Special Intention of Sr. Dolores Sullivan, S.C. Intention for the return to the Sacraments
Sat. June 27th	6:30pm	+ Jeffrey Mark Medeiros
Sun. June 28th	8:30am	+ Kirby Brackstone
	11:30am	
	6:00pm	St. Theresa's Parish Family

NEXT WEEK'S MINISTRY : June 27th & 28th, 2026

Time:	6:30pm	8:30am	11:30am	6:00pm
Proclaimer:	N. Medeiros	A. Aguila K. Scarth	R. Dillena L. LeFevre	CFC Kids
Communion Ministers:	D. DeSilva C. Carreiro C. Johnson A. Machado	O. Scarth T. Sinclair G. Lovecchio C. Scarth	G. Edwards C. Kieck P. Le Fevre	A. Galea A. Tan M. Tan
Song Leaders:	K. Judd	J. Pearman	A. L. Garina	CFC Kids Choir

MEN OF GOD MONTHLY GROUP: The next Men of God monthly group meeting will be held on this **Tuesday, June 23rd at 7pm.** We hope to see you there! 

ST. MICHAEL'S CHURCH:

This announcement has been personally requested by Fr. Joe Morley:

Dear Fellow Catholics, this is a plea for all within our Diocese to please keep in your thoughts and prayers the members of St. Michael's Parish Community, especially on the weekend of June 27/28, as we will be meeting after each of our weekend Masses to discern whether we will remain open and continue to be a stable parish community, or to close our doors on the weekend of September 26/27, 2026 the Feast Day of St. Michael the Archangel. We have been plagued with financial shortfalls as many of our parishioners have left Bermuda. As a diocese we have been known to support other fellow Catholics all over the world, maybe now is the time to support one of our local churches for a change, and as the saying goes "charity begins at home." We will either be known within our Diocese as the first church to close or come back from the brink of closure. I hope the latter will be the case. Suggestions are most welcome, but more importantly your financial support and ideas will be key. As a Bermudian, you know how expensive it is to live in Bermuda. St. Michael, pray for us.

Thank you and God bless! Fr. Joe, Pastor & Vicar General, Diocese of Hamilton in Bermuda.

CATHEDRAL HOURS:

Monday-Friday 7am-4:30pm
Saturday 8:30am-7:30pm
Sunday 8am-7pm



FOCUS: The Gospel calls us to acknowledge Christ without fear. It might seem that there is good reason to be afraid, but God is on our side as a mighty champion. Protected by his almighty power, we have no cause for fear. His providence covers all things, from the little birds we hear about in today's Gospel to the grand sweep of salvation history outlined in the second reading.

Steward's Sharing of Treasure

	Date	Actual
Collection:	June 13th & 14th	\$3,930.00
Electronic Offering:	June 13th & 14th	\$825.00
Santo Cristo donation:	June 12th	\$150.00
2026 Collection to Date:	Week 25	\$153,182.04

Thank you for your support!



ST. THERESA'S CHAPEL
June 14th—20th, 2026
Donation given for Two 7 Day Candles
And Two Roses
Intentions of the Brackstone Family

SUMMER SCHEDULE: There will be **no 12:10pm Mass on Wednesdays, Thursdays and Fridays at St. Theresa's**. The last 12:10pm Mass before the summer will be celebrated on Friday, June 26th. There will be **no 9am Portuguese Mass on Saturdays at St. Theresa's**. The last Saturday morning Mass will be celebrated on Saturday, July 4th. Finally, there will be **no evening Portuguese Mass on Wednesdays at St. Patrick's**. The last Mass before the summer pause will be celebrated on Wednesday, July 1st, at 7pm. Masses will resume in September.



BISHOP WES ABSENCE:

Due to Bishop Wes' trip to Poland for the celebration of the 50th anniversary of priesthood of Fr. Vladimir Sobolewski CR, there will be **NO** Portuguese Masses at St. Theresa's on **Saturday, June 20th**. The 10:00am Portuguese Mass on **Sunday, June 21st** will be presided by Fr. Dandy.



PETER'S PENCE COLLECTION:

On **June 27th & 28th**, we will take up the Peter's Pence Collection to support the Universal Church and the work of the Holy See, including helping Pope Leo XIV carry out his charitable works. Special envelopes will be made available for your donation or consider making an online donation to St. Theresa's BNTB #2000 6060 4827 32100. Please send an email notification of your deposit to the office for proper distribution of your funds.



RENTAL ACCOMODATION REQUIRED:

There is a parishioner who is in need of a studio apartment to rent for a maximum of \$1,400 with a washer and dryer, plus electricity included. The rent will be paid directly into the landlord's account by financial assistance. Move in date by the end of August. If you can assist, please phone Fr. Joe at 705-0236.



THE BISHOP'S CORNER



Dear Fellow-Catholics,
 Greetings from Krakow, Poland!

I am here invited by Fr. Vladimir Sobolewski, CR who celebrates his 50th Anniversary of Priestly Ordination. I brought to him sincere congratulations, fervent prayers and warm thoughts of our Diocesan Community to whom he ministered to for 23 years.

Fr. Vlad was ordained on the 19th of June 1976 in Krakow, Poland. During his first two years as a priest, he served in the Resurrection Parish in Poznan, Poland, which happens to be the native parish of our beloved Fr. Julio. Afterwards he went to Australia and ministered in several parishes in the Archdiocese of Adelaide and the Archdiocese of Melbourne. In 2000 he came to Bermuda invited by Bishop Robert Kurtz and ministered at St. Michael's Church in Paget (2000-2012), and at St. Patrick's church in Smith's (2012-2023). He retired in 2023 and returned to Poland where he resides and assists the Resurrection Parish in Krakow, which happens to be my native parish.

It is also Father's Day as well, so:

*A father's love is steady light,
 A guiding hand through day and night.
 With quiet strength and patient care,
 He shows his love in being there.*



*For every lesson, laugh, and smile,
 For walking with us every mile,
 Today we pause to simply say:
 Thank you, Dads. Happy Father's Day!*

Have a serene Sunday and a good week!

Bishop Wes

KIDS (Children) SERVICE AT HOLY MASS:

Sunday, June 28th at 6pm

Calling Children to serve as: Lector, Altar Server, &/ Choir
Please help us, with your stewardship to our Cathedral!



SUMMER LUNCH/MOVIE:

Summer Lunch & Movie in the St. Theresa's Hall will take place on **Thursdays in July and August**, starting with July 2nd and ending on August 27th.



We are looking for volunteers to assist with organization of the lunch. If you want to commit for the entire program time, or just for a part of it, please send an email to sttheresas@northrock.bm or orcc.bermuda@gmail.com.

CLASSICAL MUSIC CONCERT:

St. Joseph's Church in Somerset will be hosting a Classical Music Concert on **Sunday, June 21st & 28th at 5pm**.



Tickets are \$30 for adults and \$15 for seniors and children.

For tickets, please contact Liz at 234-0872 or lizziewhitney2015@gmail.com or Jane at 747-4060. Proceeds to be shared with PALS and St. Joseph's Church.

Dear Padre,

For the past year or so, I have been trying to pray on a regular basis, but I am constantly distracted. My mind wanders so easily. Do you have any suggestions?

Distractions in prayer are an inescapable part of the human condition and the results of our imagination. Even great saints experienced distractions in prayer. Some of their suggestions may help. For example, when St. Thérèse of Lisieux struggled with prayer, she would recite an Our Father or Hail Mary or read from the gospels. Praying as an act of faith or returning to God's presence and love can turn our focus away from other concerns, but, even then, distractions may still arise.

When we become aware of distractions, we should calmly renew our focus and continue our prayer. Saint Teresa of Ávila wrote in *The Interior Castle*, "We should not be distressed by reason of our thoughts, nor allow ourselves to be worried by them.... [Thoughts are] inevitable. Do not let [them] disturb or grieve you." No matter how often distractions return or how long they last, they are not sinful; rather, they are opportunities to show God that we are sincere about praying.

Saint Alphonsus, another great teacher of prayer, reminds us that prayer is necessary, beneficial, and always possible. He advises us to hang in there, because the devil would like nothing better than for us to stop praying. ●



MARCUS AURELIUS / PEXELS

The Redemptorists / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June 22	June 23	June 24	June 25	June 26	June 27	June 28
Weekday	Weekday	<i>The Nativity of St. John the Baptist</i>	Weekday	Weekday	Weekday	<i>Thirteenth Sunday in Ordinary Time</i>
2 Kgs 17:5–8, 13–15a, 18 Mt 7:1–5	2 Kgs 19:9b–11, 14–21, 31–35a, 36 Mt 7:6, 12–14	Is 49:1–6 Acts 13:22–26 Lk 1:57–66, 80	2 Kgs 24:8–17 Mt 7:21–29	2 Kgs 25:1–12 Mt 8:1–4	Lam 2:2, 10–14, 18–19 Mt 8:5–17	2 Kgs 4:8–11, 14–16a Rom 6:3–4, 8–11 Mt 10:37–42



MARISA CZL / CATHOPIC

A WORD FROM POPE LEO XIV

It is wonderful to think that, when we consider our individual calling...each of us can say with confidence: "Despite my weakness, the Lord is not ashamed of my humanity. Instead, he comes to dwell within me. He accompanies me with his Spirit; he enlightens me and makes me an instrument of his love for others, for society, and for the world."

REGINA CAELI, ROME, MAY 25, 2025